



# CM102: Dynamics of Working with Justice-Involved Persons

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## Course Description

This course is designed to understand the corrections environment, people and culture. Common characteristics of justice-involved people, the specialized approaches to ministering within corrections and reentry, and Biblical perspective for transformation are examined. Special attention is given to the psycho-sociological factors that contribute to criminality, the pains of incarceration, the population, cultural competency, behavior change, and evidence-based and faith-based programs.

## Course Objectives

Upon completion of the course, students should be able to do the following:

- A. Assess the pathways and variables within the psychological make-up and sociological backgrounds of the justice-involved and identify programs and demonstrate skills leading toward rehabilitation.
- B. Describe unique characteristics, attitudes, and behaviors of the justice-involved, life behind bars and the pains of imprisonment, and propose compassionate, culturally intelligent ministry approaches.
- C. Describe the behavior change process, how to facilitate healing and behavior change.
- D. Integrate evidence-based practices and faith-based programming to facilitate rehabilitation.
- E. Demonstrate motivational interviewing.

## Course Texts

The following textbooks are required:

*Prison Ministry: Understanding Jail and Prison Culture* (2020) by Lennie Spitale ([purchase through Amazon](#))

*Released* by Lennie Spitale and Karen Swanson (purchase through CMCA: [Released CMCA International](#))  
*Sentenced* by Lennie Spitale (complimentary copy included with purchase of *Released*)

## Academic Honesty

At CMI, we believe all we do is “as unto the Lord” and we thus hold to a high academic standard of honesty; we do not tolerate plagiarism and cheating. If you have questions about plagiarism, or would like to request resources for learning how to avoid plagiarism, please contact Dr. Karen Swanson at [karen.swanson@wheaton.edu](mailto:karen.swanson@wheaton.edu)

## Course Requirements

This course consists of two virtual meetings, readings, mentor meetings, lecture videos, quizzes, group discussions, and assignments. The information regarding these course components and expectations is as

follows:

**Virtual Meetings.** The two virtual meetings are **Tuesday, January 9, 2024 at 6:00 pm (Central)** and **Tuesday, February 6, 2024 at 6:00 pm (Central)**. Links and information will be emailed to you.

**Readings.** Reading assignments should be read in the module in which they are assigned.

**Mentor Meetings.** Meet with your mentor in-person or by phone two times to share what you are learning and hearing from God. This mentor does not have to have correctional ministry experience. Submit your Mentor Meetings Report Form by **March 3, 2024**

**Lecture/Videos.** Each module will include lecture/videos from the instructor or field experts.

**Quizzes.** Each module includes a multiple-choice quiz over the readings and lectures for that module.

**Discussion Forums.** Discussion questions are provided in each module. The Discussion Forum for each week begins on Monday at 12:01 a.m. Central Standard Time (CST), and your first post is required by Wednesday each week. All posts must be submitted prior to the following Sunday at 11:59 p.m. CST. You are required to **post an initial response and respond to two other posts** (total of 24 posts for the course). The following rubrics will be used to assess your Discussion Forum posts and assign a grade.

Competency	Criteria Met	Criteria Not Met
Substantive Thoughts Expressed	Ideas and positions explained clearly. Refers back to course content when appropriate. Reply posts extends discussion.	Ideas are not clearly expressed. No reference to course content. Reply post (Yes, I agree) does not provide support for responses.
Length	Initial post is 100-150 words Reply posts are 50-60 words	Initial post less than 100 words Reply post less than 20 words
Completeness	Answers the question completely.	Some parts of the question are not addressed.

### Discussion Grading Scale

Number of posts that meet the criteria will be counted.

A	22-24	A-	21	B+	20
B	19	B-	18	C+	17
C	16	C-	15	D+	14
D	13	D-	12	F	0-11

**Final Assignment. Special Population and Ministry (See Assignment Options Handout for more information)**

**Option A.** Submit a fact sheet or infographic (can be downloaded from Internet) on a special population/topic of your choice and a 1-2 page paper describing how this knowledge informs your ministry, and list 3 resources for additional information (website, book, article, etc.).

**Option B.** Read a credible article about a special population and provide a 1-2 page summary and ministry application. List the reference at the top of the page, summary (less than ½ a page), and ministry application.

**Due Dates.** Each week of the course begins on Monday at 12:01 a.m. CST and ends on Sunday at 11:59 p.m. CST. Unless noted otherwise, all quizzes and assignments are due at 11:59 p.m. CST on the Sunday of the week in which the assignment is due. It is at your professor's discretion to penalize late work. *Contact the professor prior to the deadline if there is a problem.*

## Course Grading

All coursework must be completed and turned in to your online professor within five days of the end of Week Eight (8). Please note that it is at your online professor's discretion to penalize late work. Grades will be issued within two weeks of the end of the course.

Your grade for the course will be determined as follows:

Discussion Forum and Virtual Meetings	30% of Course Grade
Assignments	30% of Course Grade
Quizzes	30% of Course Grade
Mentor Meetings	10% of Course Grade

Grading scale will be as follows:

A	92-100	A-	90-91	B+	87-89
B	84-86	B-	80-81	C+	77-79
C	72-76	C-	70-71	D+	67-69
D	62-66	D-	60-61	F	0-59

## Weekly Topics and Assignments

### Module 1: Criminology

**DUE: January 14**

#### VIRTUAL MEETING

**Tuesday, January 9th at 6:00 pm Central**

1.1 Welcome and Syllabus, Mentor Report Form, Assignment Options

#### LISTEN

1.2 Crime Causation

1.3 Typologies and Pathways

#### READ

1.0 Corrections Programming Principles

1.1 Assignment Options

1.2 Crime Causation

1.3 Typologies

1.4 Pathways

1.5 Crime Victimization 2021

Prison Ministry (Preface and Part I: Feelings)

#### DISCUSS

*How does knowing the feelings of the incarcerated impact your ministry? What feelings do you think could be added to the list?*

#### QUIZ

Quiz 1 on readings and lectures (open notes)

### Module 2: Characteristics of the Justice-Involved

**DUE: January 21**

#### LISTEN

2.1 Profiles of Justice-Involved People

- 2.2 Special Populations
- 2.3 Risks, Needs, and Protective Factors

**READ**

- 2.1 Profiles of Justice-Involved People
- 2.1a Fact Sheet on Justice-Involved Women
- 2.2 Special Populations
- 2.3 Risks, Needs and Protective Factors
- Prison Ministry (Part II: Perspectives)

**DISCUSS**

*How have the readings increased your understanding of the incarcerated and how it impacts your practical approach to ministry?*

**QUIZ**

Quiz 2 on readings and lectures (open notes)

**ASSIGNMENT**

Identify your special population/topic. Identify which option you will complete.

**Module 3: Culture Behind Bars**

**DUE: January 28**

**LISTEN**

- 3.1 Culture Behind Bars
- 3.2 Recognizing and Responding to Manipulation I
- 3.3 Recognizing and Responding to Manipulation II

**READ**

- 3.1 Adult and Youth Culture Behind Bars
- 3.1a The Village of Juvenile Hall
- 3.2 Recognizing and Responding to Manipulation
- 3.3 Safeguard Against Manipulation Scale
- Prison Ministry (Part III: Dynamics)

**DISCUSS**

*Describe a time when you have been manipulated or attempted to be manipulated and your response, what did you learn? OR take the Safeguard Against Manipulation Scale and reflect on your score.*

**QUIZ**

Quiz 3 on readings and lectures (open notes)

**Module 4: Cultural Competency**

**DUE: February 4**

**LISTEN**

- 4.1 Cultural Intelligence
- 4.2 Socioeconomic Status I
- 4.3 Socioeconomic Status II
- 4.4 LGBTQI Competency

**READ**

- 4.1 Cross-cultural intelligence
- 4.2 Socioeconomic Status I
- 4.3 Socioeconomic Status II
- 4.4 LGBTQI Competency
- Prison Ministry (Part IV: Engaging in the Culture)

## **DISCUSS**

*What two Scripture passages guide how you work with people who are different from you? What resources or training would you recommend for developing cultural competency?*

## **QUIZ**

Quiz 4 readings and lectures (open notes)

## **Module 5: Programs: What Works?**

**DUE: February 11**

### **VIRTUAL MEETING**

**Tuesday, February 13th at 6:00 pm Central**

### **LISTEN**

- 5.1 Change Process and Strengths-based
- 5.2 Motivational Interviewing I
- 5.3 MI Video Example
- 5.3a Motivational Interviewing II
- 5.4 Integration of Faith and MI

### **READ**

- 5.1 Change Process and Strengths-based
- 5.2 Motivational Interviewing
- 5.3 MI Video Transcript
- 5.3a MI Glossary
- 5.4 Integration of Faith and MI

### **DISCUSS**

None

### **QUIZ**

Quiz 5 readings and lectures (open notes)

## **Module 6: Trauma and Addiction**

**DUE: February 18**

### **LISTEN**

- 6.1 Understanding Trauma
- 6.2 Trauma Care and Healing
- 6.3 Addiction and Recovery

### **READ**

- 6.1 Understanding Trauma
- 6.1a ACE Questionnaire
- 6.2 Trauma Care and Healing
- 6.3 Addictions and Recovery

### **DISCUSS**

*What are your concerns with working with those with addictions or trauma? OR What have you found helpful when helping others heal from trauma or recover from addiction?*

### **QUIZ**

Quiz 6 readings and lectures (open notes)

## **Module 7: Transformation**

**DUE: February 25**

### **LISTEN**

- 7.1 CBT and Renewing Your Mind
- 7.2 Personal Growth: A Biblical Perspective

## 7.3 Helping without Hurting

### **READ**

7.1 CBT and Renewing Your Mind

7.1a Thinking Errors Defined

7.2 Personal Growth: A Biblical Perspective

7.3 Helping without Hurting

*Sentenced*

### **DISCUSS**

*Have you ever been the monkey or the fish? Tell us about it and how it felt. How have you experienced transformation in your own life?*

### **QUIZ**

Quiz 7 readings and lectures (open notes)

## **Module 8: Reentry**

**DUE: March 3**

### **LISTEN**

8.1 Reentry Feelings and Perspectives

8.2 Reentry: Connecting with Family

8.3 Reentry: Connecting with the Faith Community

### **READ**

8.1 Reentry Feelings and Perspectives

8.2 Reentry Communications Checklist and Agreement

8.3 Reentry: Connecting with the Faith Community

*Released*

### **DISCUSS**

*What are challenges for churches welcoming formerly incarcerated people into their congregations? What advice would you give a new congregant (from incarceration) and the church for increasing connection?*

### **QUIZ**

Quiz 8 readings and lectures (open notes)

### **ASSIGNMENT**

Special Population and Ministry

### **MENTOR MEETING**

Submit your mentor meeting report through the online course.